



#### **C.M.A. National Headquarters**

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## **2010 NATIONAL TOURNAMENT – Frequently Asked Questions**

### **When is Tournament and where is it held?**

This year the C.M.A. National Tournament, will be held on Saturday 19<sup>th</sup> June at the Allen Brewster Recreation Centre in Papatoetoe, Auckland.

### **What is tournament and why should I enter?**

The tournament is a test of agility, fitness and skill and a chance for our students to demonstrate their technique in a safe, controlled environment. More importantly it builds self confidence and provides as an important lesson that the skills learnt at C.M.A. have an effect and should only ever be used in self defence.

### **How does the tournament work?**

The tournament format consists of four divisions, ranging from the smallest competitors (5-7 year olds) through to the biggest (open age). All contestants are fully protected from injury with head gear, mouth guard as well as chest, groin, shin and forearm guards. Contestants look to score points against each other in two rounds of up to 90 seconds controlled by a referee and 2 to 4 judges.

### **How big is the National Tournament?**

This year the event will be limited to 128 students in the four divisions. If you would like to enter do so as soon as possible or you may risk missing out a place.

### **What are the rules, what am I allowed to do, what am I not allowed to do?**

The tournament rules can be downloaded from the Student Website, if you have any questions about these rules please ask your Club Instructor.

### **How do I enter and what is the entry fee?**

To enter you can download a Tournament Information Newsletter and Application Form from the C.M.A. website or from your Club Instructor. The Application Form needs to be returned to your Club Instructor or C.M.A. HQ along with the entry fee by Friday 4<sup>th</sup> June. As entries are limited enter now or you may miss out. The entry fee is \$60, this includes free entry to the venue a Contestant Pack and one additional tournament ticket.

### **My son/daughter is not sure about competing in this year tournament, what should I do?**

If you or your son/daughter are unsure about participating in this years tournament talk to you Club Instructor. Students will get to learn some valuable life lessons by participating and hopefully have lots of fun at the same time. There is only one winner in each division, however all are richer for the experience and even those eliminated in the first round will take home fond memories and a motivation to train harder.

I encourage all students to attend the tournament even if they aren't competing this year to support other members from their club and to experience tournament first hand; often this is enough of a spur to make them want to compete the following year.

### **What time does tournament start and when do I need to be there?**

The doors will be open from 7.30 am, with contestants required to arrive before 8.20 am to register at the registration desk. Unless previously arranged all contestants must be registered by 8.30 am, or they will be automatically disqualified. After the opening ceremony the first bout is scheduled to start at 9.00 am sharp.

### **What time will the finals and prize giving be?**

The semi-finals are scheduled to commence at approximately 2pm and the finals 3pm; followed by a prize giving and short closing ceremony the event is scheduled to be finished by 4.00 pm.

**Do contestants need to stay for the whole event?**

Though we encourage all students to stay for the finals to support the event this is not compulsory, spectators and contestants are free to come and go as they please. Note contestants that leave the venue in between bouts and miss being called up to the pre-bout area will be automatically disqualified.

**Best and Fairest Award**

A best and fairest award is presented at the prize giving to the student who best represents the qualities of fair play, determination and perseverance. It is possible that you may have been eliminated from the tournament but have been nominated for this award, so all are encouraged to stay to the end of proceedings.

**What do contestants need to bring?**

During competition the Contestants are to wear their correct C.M.A. uniform, without belt. A properly fitted mouth guard is compulsory – Contestants who do not have a mouth guard will be automatically disqualified. Students should bring warm clothes to wear before, in between and after their bouts.

**What do spectators need to bring?**

We really appreciate all those families who make a day of the event and support the event to the end. The semi-finals and finals are a fantastic spectacle and we encourage you to stay to see all the action. For your enjoyment and as there are only limited facilities on site we encourage families to bring a packed lunch, drinks and snacks (chilli bins small enough to fit under chair are welcome) so you can enjoy all the action without having to leave the stadium.

**Where is the venue?**

Allen Brewster Recreation Centre is in Tarevn Lane Papatoetoe, Auckland.

**How much are the admission tickets and what are the raffle tickets?**

Each contestant automatically receives one tournament ticket – additional tickets cost \$5 per person and are available from Club Instructors and C.M.A. Headquarters. There will also be door sales on the day. To help encourage the sale of tickets each ticket also doubles as a raffle ticket with your chance to win prizes donated by our generous sponsors. All proceeds from the sale of tickets go towards upgrading training equipment and subsidizing the training fees of less privileged students. If you would like to support C.M.A. and the National Tournament please purchase raffle tickets from your instructor.

**I would like to further support C.M.A. and the National Tournament.**

If you would like to become a sponsor or supporter of the Tournament you can do so by

- Providing financial assistance towards the costs of running the tournament (venue hire, sound equipment, ice packs, protective gear etc);
- Sponsoring, or part sponsoring, the 128 contestant packs;
- providing special items for the contestant packs;
- providing prizes for the winners and podium finishers in each of the 4 divisions;
- providing prizes for the tournament raffle draw;
- assisting with the promotion and/or organisation of the tournament;
- assisting with the selling of tickets;
- being a volunteer on the day.

All tournament sponsors are officially acknowledged in the program, throughout the day in regular MC announcements, in tournament newsletters and on the C.M.A. Website (links to your own website can also be arranged). We will also place your banner or other signage around the arena on the day of the event.